

Janice
Brown
Rt 1 Box 64
Evanston
52930

Uinta County School
District No. One

EMPLOYEE MEDICAL IDENTIFICATION CARD	
GROUP NO.	8790
EMPLOYEE	EMPLOYEE SS.NO.
JANICE M. BROWN	520-80-0798

BENEFITS: Hospital, Room and Board: Semi Private, 31 days/Disability, Hosp.
Extras: Reasonable and Customary Out-Patient; R&C Surgery; R&C DXL \$300.
Supp. Accident \$300, Maternity and Newborn: R&C, Major Medical \$50
Deductible, \$100 Family Aggregate Co-Insurance: 80% to \$2500 then 100% to
\$1,000,000 Vision: Deductible commens with Major Medical Benefits per Schedule
Dental: No Deductible, Preventative 100%, Restorative 50%, Major 50%
Max/Cal/Yr \$1000, Ortho 50% Max/Lifetime \$1000. HOSPITAL UTILIZATION
REVIEW: 1-800-835-2140

(See reverse side for claim handling instructions)

1. Richard Dwyer
2. Delmar Dickson
3. Reed Tuft
4. Margery Crook Hewest
5. new
6. Elaine Montgomery
7. Dick McAllister
8. Bud Dean
9. Dorethy Sweet
10. Sarah Carlen
11. Rejiche Cushing
12. Kelson Huntington
13. Western Teacher

PATIENT HEALTH MAINTENANCE

NAME:

E
T
A
D

PHYSICAL EXAM:

M.D. Breast Exam

age 20-40 yrs q 3 yrs

①

Pelvic Exam

age 20-40 yrs q 3 yrs

①

Digital Rectal Exam

age 40 yrs & older q yr

①

Blood Pressure

age 20-40 yrs q 2 yrs

②

over 40 yrs q yr

PROCEDURES:

Pap Smear at least q 3 yrs age 20-65 yrs*

①

after 2 neg annual smears

age 40-49 q 1-2 yrs

①

over age 50 yrs q yr

Stool Occult Blood

age 50 yrs & older q yr

①

Sigmoidoscopy

age 50 yrs q 3-5 yrs

①

after 2 neg annual exams

age 40 yrs & older

①

q 2 yrs

IMMUNIZATION:

Tetanus-Diphtheria Booster

age 20 & older q 10 yrs

②

age 65 & older q 2 yrs

②

Influenza Vaccine

age 65 only once

②

Pneumococcal Vaccine

DISEASE PREVENTION:

Breast Self Examination (monthly)

CVD Risk Factors

LAB:

Cholesterol

age 20 & older q 10 yrs

②

*1st smear with onset of sexual intercourse.

① ACS Recommendations, 1984

② Summary Recommendations, see Holbrook, J. Western Journal of Medicine 141:828, 1984

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